

Purpose

Teach the child to recognize emotions,talk about them and make the connection with the name of the emotion.

Required material

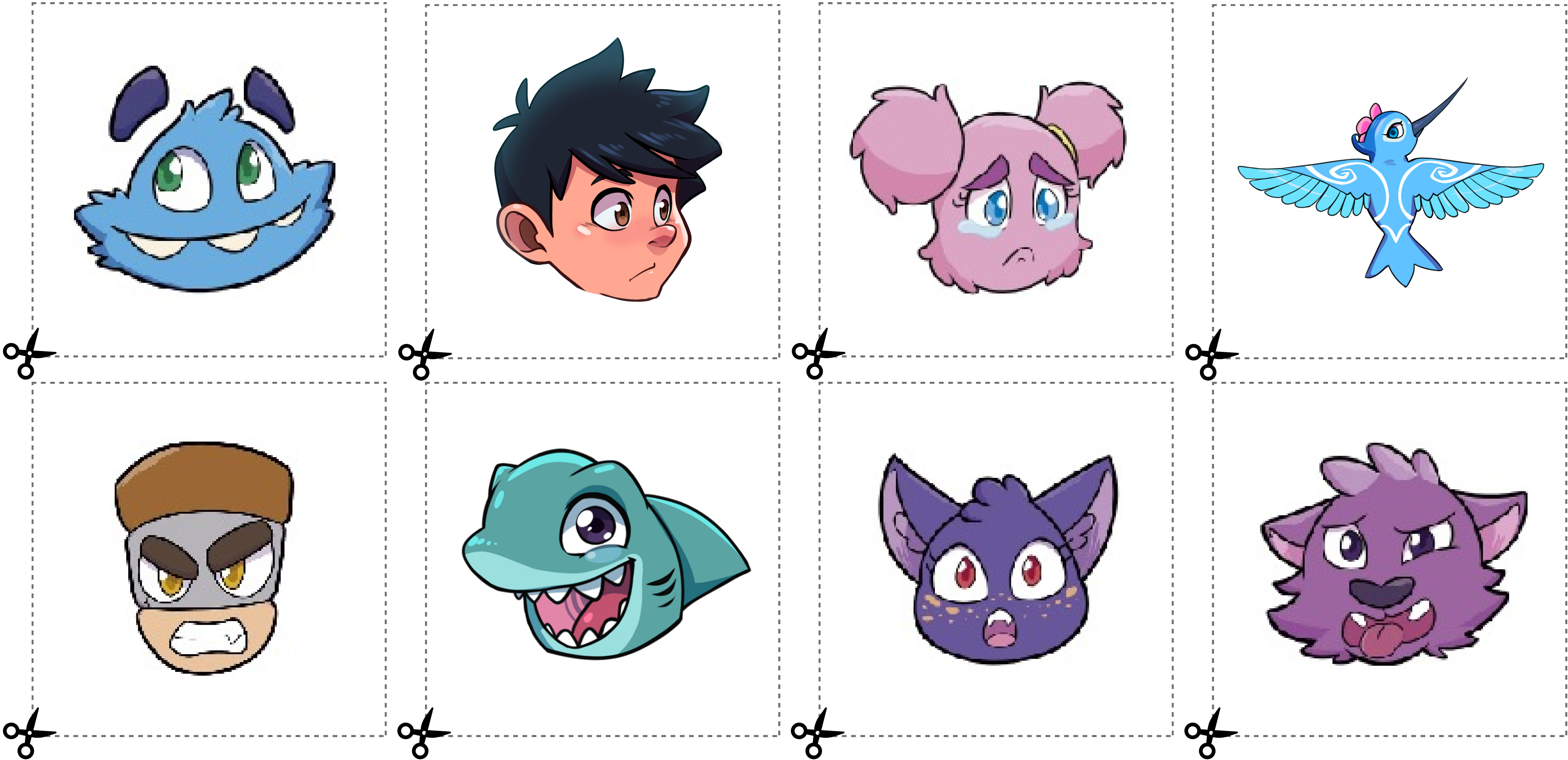
Sheet with smiley faces and list of emotions.

Step-by-step activity:

- 1. Print the attached sheets on card stock.
- 2. Cut all the face designs and the words corresponding to each emotion.
- 3. Turn all the drawings and written words upside down and shuffle them.
- 4. Begin the game by starting with the youngest child. He or she must flip around a face card and a word card to find the matching pair.
- 5. Each time a player pairs up, he must remember a situation in which he felt that emotion and share with the group. Once they are done, the cards remain theirs.
- 6. Each player must follow their turn to flip around the cards until all pairs are found.
- 7. The one with the most cards wins.

NOTE: It is also an excellent opportunity for adults to recognize, validate their feelings and show that everyone - regardless of age - feels these emotions.

Emotions Memory Game



HAPPINESS



ANGRY



LAUGH



CONTEMPT



SAD



SURPRISE



CRY



DISGUSTED

