

Purpose
Develop empathy by identifying emotions that other people are feeling just by looking at them.
Required material
Attached sheet, magazines, scissors and glue.
Step-by-step activity:
1. Print the attached sheet. 2. Show the reserved space (geometric figures) for each of the emotions on paper. The child should look into magazines for an image that represents each emotion (an adult, a child or even an animal expressing this same feeling). For example, to paste in the star picture that says “happy” he or she should look for a picture where the character is smiling. 3. Ask them to cut and paste at the indicated location. 4. Ask which picture was easier to find and which was harder. 5. Discuss the importance of recognizing the emotion in other people for a healthy relationship.

Identifying emotions in other people

